



3rd Annual PIKE FEST 5K

SATURDAY, SEPTEMBER 14, 2019

8:00 AM START

BETHLEHEM PIKE

SPRINGHOUSE, PA

DESCRIPTION: Accurately measured, beautiful course through Lower Gwynedd starting and ending at **Spring House Tavern**, 1032 N. Bethlehem Pike, Spring House, PA. Families, strollers, dogs on leash and all ages welcomed.

AWARDS: Overall male and female, plus top 3 M/F age group awards: 1st, 2nd, 3rd u15, teens, 20's, 30's, 40's, 50's, 60+.

RACE AMENITIES: 100% Soft Cotton T-Shirt, **Free Raffle**, Professional Timing, **Entertainment & DJ**, Food & Drink provided by **Springhouse Tavern**.

ENTRY FEES: Pre-Registration by Sept. 10 (shirt guaranteed).

\$20 ADULTS 15 & Over. \$15 YOUTH 14 & Under

AFTER 9/10 and INCLUDING RACE DAY: (shirts not guaranteed) \$25.00 Adults 15 & Over.
\$20.00 Youth 14 & Under

ENTRY FORM

Name _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ EMAIL _____

MALE _____ FEMALE _____ DATE OF BIRTH _____ AGE ON RACE-

DAY _____ PHONE _____ **ADULT T-SHIRT SIZE:** S _____

M _____ L _____ XL _____ **YOUTH T-SHIRT SIZE** S _____ M _____ L _____ XL _____

FEE ENCLOSED \$ _____ (Checks payable to Born To Run, Inc.)

Waiver and Release: I, the undersigned (over age 18) intending to be legally bound, do hereby waive and release all rights, claims, demands and/or causes against Born To Run, Inc. and all other race sponsors for any personal injury I might sustain during the race, immediately known to me or hereafter discovered and for any and all other damages or losses which I might incur now or in the future arising from or out of my participation in this race, and on my travel to and from this race. I verify that I am physically fit and have trained sufficiently. Permission is granted to use my photograph and name for all purposes.

Signature _____ Date _____

On-Line registration: www.pretzelcitysports.com (nominal service fee applies)

Packet Pick-Up at Born To Run, 821 N. Bethlehem Pike, Springhouse, 19477 from 10-6 on Friday, Sept. 13

CONTACT: Hilary Goodman | (215)-641-0410 | Hgood85@aol.com

Visit www.lowergwynedd.biz for course maps and directions to the start.